



Dave Little, our Newsletter Editor, discusses the latest Newsletter content with his Sub-Editor!

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We are always open to suggestions on possible content for future newsletters.

We also welcome comments on the current edition.

We always welcome members who are interested in joining the Committee.

Contact details can be found on the back page.

# boundless BY CSMA

## Edinburgh & the Lothians Group

Issue 10 2023

### Our 40th year of events

#### Guided Tour of the Scottish Parliament - Monday 22nd May

Unless there is even more turmoil in Government and we are banned from the site (after all, several of our regulars are Civil Servants!), our next visit is to Horse Wynd in the Old Town. We hope to learn about the history, work and procedures of the Parliament and its award winning building.



Admission is free. Meet at 2.30pm outside the parliament (near the paddling pools!) Royal Mile, EH99 1SP

**NOW FULLY BOOKED!**



## Looking Back by John our Secretary - 1993

Looking back – again I hear you say! I remind myself I did so in issue two of this medium, but given that this year is our 40<sup>th</sup> anniversary, that is excuse enough for me to do so again. Bear with me.

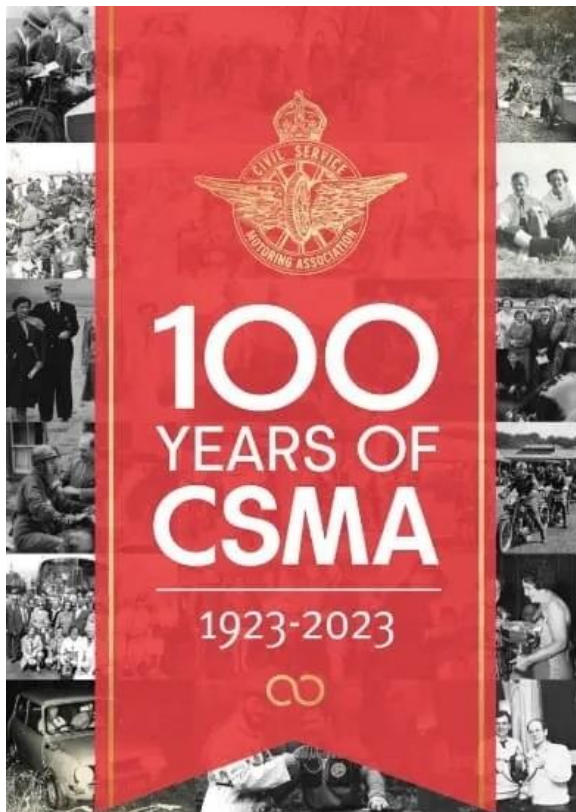
Starting from our first ever event held on 9 January 1984 - a talk on 'Road craft' in the Royal Overseas League, in Princes Street, Edinburgh, I randomly chose two years – 1993 and 2001 to glance through the events of these years to find two examples to mention. Sure enough, I can recall them quite clearly.

On 7 September 1993, we had a group visit to Tunnocks Biscuit factory in Uddingston. We were taken around every stage of the biscuit making and the one thing I recall clearly, was that we were told we were welcome to pick up and either eat or pocket, one of the samples as we walked around the various production belts. Production belts aplenty, with tea cakes with both milk and dark chocolate, caramel wafers, caramel logs, both with and without roasted coconut, snowballs and probably others I have now forgotten - were gratefully placed in every pocket available. There was one gentleman in our group (NOT me), who was a tad over-zealous and his shape just looked ridiculous with all the resultant bulging on his appearance. After the tour, we were guided into the work canteen where tables were laid out with cups, saucers and guess what – an extremely large plate in the centre of each table with what I recall as almost dozens of said products. We were told if there were any left on the plate after our tea, we were welcome to pocket them and take them home. The gentleman with the bulging pockets had a great task on his hands, but he was up for the challenge. The last part of this adventure was when we left the building in single file, we were met by a gentleman who with a very friendly attitude, handed us – guess what – a BOX of Tunnocks goodies to take home!! The aforementioned gentleman with great bulges everywhere was beside himself with great joy!

Look out for the 2001 recollections in the next Newsletter!







## Annual General Meeting and Talk by Thanos Razis of Napiers

In March, 19 members were present at the Manor House Hotel for a very rapid AGM followed by a highly illuminating talk by Thanos Razis of Napiers the Herbalist. The worry for organisers of such meetings is that those present will not have any questions to ask the speaker. However, our members never come unprepared, and were able to grill Thanos on an interesting range of health and nutritional topics. A very enjoyable evening after a very long delay due to COVID disruptions.



## Visit to the Royal Mail Centre in west Edinburgh

Again, 19 members were present for our visit to the Royal Mail Distribution hub in west Edinburgh. Our guide, Graeme Kelly, was very capable at answering our many questions, whilst ensuring we were not run down by any tugs and attempting the impossible - herding cats. It is important to remember to not use red envelopes and clearly mark the return address as such.



## EDINBURGH & THE LOTHIANS GROUP

### COMMITTEE MEMBERS

John Marshall  
(Secretary)  
0131 665 1751  
john.marshall@boundlesscommunity.co.uk

Graeme Ferguson  
(Chairperson)

Alex Allan  
(Treasurer)

Jackie Fraser

Dave Little  
(Newsletter Editor)  
davidriddle@gmail.com

Anne McDonald

Find us online at:  
[www.boundless.co.uk/edinburgh](http://www.boundless.co.uk/edinburgh)

## Visit to the Great Tapestry of Scotland - Wednesday, 21st June, 10.30 a.m.



Discover 420 million years of Scotland's history, heritage, innovations and culture. The tapestry is hand stitched by people from across Scotland. Admission adult £10.50, concession £9.50. Meet at 10.30 a.m. at 14-20 High Street, Galashiels.

## Our Region



## Barge Trip from Ratho - Tuesday, 18th July, 12 noon

A free two and a half hour barge trip from Ratho with complementary tea, coffee and biscuits. The barges are run by the Seagull Trust Cruises, a charitable organisation run by volunteers, so we suggest a donation of £10 at member's discretion.